

## **Excel Wellness & Chiropractic**

### **Terms and Conditions**

**Effective Date:** July 1, 2026

Welcome to Excel Wellness & Chiropractic. By accessing our website, scheduling appointments, or enrolling in our text messaging program, you agree to these Terms and Conditions.

#### **1. SMS Program Name**

**Excel Wellness & Chiropractic Patient Communication Program**

#### **2. Program Description**

By providing your mobile phone number and consenting to receive text messages, you agree to receive SMS communications from Excel Wellness & Chiropractic related to your care and our services. Messages may include:

- Appointment reminders and confirmations
- Appointment scheduling requests
- Billing and payment notifications
- Office closures or schedule changes
- General office communications regarding your care

We do not send diagnoses, treatment recommendations, or other protected health information through text messages.

#### **3. Message Frequency**

Message frequency varies depending on your appointments, treatment plan, billing activity, and communication preferences. Patients typically receive messages only when necessary to support their care.

#### **4. Message and Data Rates**

**Message and data rates may apply.** Charges are determined by your mobile carrier and are your responsibility.

#### **5. Customer Support**

If you need assistance regarding our text messaging program, you may:

- **Reply HELP** to any text message received from us.
- Call our office at **(385) 404-5489**
- Email us at [Excelchiropayson@gmail.com](mailto:Excelchiropayson@gmail.com)

#### **6. Opt-Out Instructions**

You may opt out of receiving text messages at any time.

**Reply STOP to any text message to unsubscribe.**

After you send STOP, you will receive a confirmation message and will no longer receive SMS messages unless you provide new consent to receive them.

**Reply HELP** at any time for assistance with our messaging program.

**7. Privacy Policy**

Your privacy is important to us. Information collected through our website and text messaging program is handled according to our Privacy Policy.

Please review our Privacy Policy here:

<https://www.excelchiroprayson.com/wp-content/uploads/2026/06/privacy-policy.pdf>

**8. Consent**

By providing your mobile phone number, you consent to receive text messages from Excel Wellness & Chiropractic as described in these Terms and Conditions.

Your consent to receive text messages is voluntary and is **not** a condition of receiving healthcare services.

**9. Information Sharing**

We respect your privacy. We do not sell, rent, or share your personal information with third parties for their marketing purposes.

**SMS consent is not shared with third parties or affiliates for marketing purposes.**

**10. Disclaimer**

Text messaging is provided as a convenience for our patients. Delivery is subject to your mobile carrier's network availability.

**Carriers are not liable for any delayed or undelivered messages.**

**11. Changes to These Terms**

Excel Wellness & Chiropractic may update these Terms and Conditions at any time. Any updates become effective upon posting to our website.

**12. Contact Information**

**Excel Wellness & Chiropractic**

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Payson, UT 84651

Phone: (385) 404-5489

Email: [Excelchiroprayson@gmail.com](mailto:Excelchiroprayson@gmail.com)